

Connect to Wellbeing Northern Territory

Referral Form



Connect to Wellbeing provides an intake, triage and assessment service that facilitates access to the service(s) that best support the mental health needs of the individual.

i Use this referral form to recommend a level of service for people in the Northern Territory Primary Health Network catchment area.

! **If the person has acute mental health needs and is at risk, refer to the Mental Health Access Team (MHAT) 1800 682 288**

The Connect to Wellbeing triage and intake team will review the referral your recommendation and determine the right level of intervention, according to the wants and needs of the client.

Date of referral	
Services required for	<input type="radio"/> child (0-12) <input type="radio"/> youth (12-25) <input type="radio"/> adult (18+)
Preferred provider	

Please select your recommended service option for the person

<input type="checkbox"/> Low-Intensity Strategies
Psychological interventions for people with, or at risk of, mild mental illness. (As available can be individual, group, face to face, telephone, web-based supports).
<input type="checkbox"/> Short Term Psychological Therapies
For low income / financially disadvantaged people with a non-acute moderate mental health condition who would benefit from short-term goal focused psychological strategies.
Sessions Required (select only one of the below)
<input type="radio"/> Sessions 1–6 (initial sessions)
<input type="radio"/> Sessions 7–10 (following review post the initial 6 sessions, further sessions are recommended)
<input type="radio"/> Sessions 7 – 12 if Aboriginal or Torres Strait Islander clients.
Group sessions (Can be selected in addition to above)
<input type="radio"/> Group sessions (Groups will be advertised as available)
Confirm eligibility requirements (all required)
<input type="checkbox"/> Mental Health Treatment Plan (MHTP) is attached, OR Appendix A is completed.
<input type="checkbox"/> The person is experiencing financial hardship (i.e. Client is unable to afford Psychological services under Medicare)